

Iron County Record

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ALEX. H. ROLLO
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Friday, July 30, 1909.

Don't go and blame your meanness
on the heat.

The wise boarder reads no hot-
weather of hints.

The Wright brothers don't seem
quite as flighty as they used to be.

You see, a girl all by herself with
nobody but other girls gets awful
lonely.

The heat has caused an epidemic of
wife beating in Indiana. Tough on
the weather.

By making its own ice, one Gov-
ernment department has brought the
cost down from \$7.05 to 65 cents a
ton.

John D. Rockefeller is determined
that no one shall go hungry for the
lack of education, while Andrew Car-
negie is still feeding libraries to the
starving.

There will be harvested this fall
about 40 bushels of corn for every
man, woman and child in the coun-
try. Do you think you can eat so
much?

"Should a fisherman's 'net' earn-
ings be taxed?" inquires the Desert
News. Perhaps. It may be the one
way possible to get at the actual re-
sults of his piscatorial efforts.

Over in China when a man begins
to howl for reform they kill him. In
this Christian country they simply
laugh at him and pass flippant re-
marks about a disarrangement of the
machinery in his head.

A Los Angeles woman who has just
passed her 100th birthday attributes
her longevity to a regular diet of
doughnuts. Plainly enough, no one
rich ever had anything on that lay
in the matter of a digestive apparat-
us.

Lund Notes.

Lund, Utah, July 28.

Lund was favored with a nice show-
er on the 25th inst., which made
things very much more pleasant than
they have been the past month.

Dave Leigh has moved into the
pumpers house in order to be nearer
his work.

D. T. Jackson is preparing to move
the old J. H. Rawlins house. It is
rumored that he intends to start a bot-
tel.

Mrs. J. David Leigh has one to Ce-
dar to spend a few days visiting rela-
tives and friends.

Agent J. A. Towns is quite ill, but
he still attends to business.

Don't Never Weaken.

Tain't no use to borrow trouble when
you've got a stock on hand;
Take the tail o' the procession if you
can't git next the band;
Lunge ahead; don't never weaken;
Keep a stiffish upper lip,
An' if care n' trouble crowds you,
squeeze the harder on yer grip.

Face the world with resolution o'
the proper "git there" kind;
When the clouds are rollin' blackest,
don't forget they're silver lined;
Keep a pushin' for the sunshine lyin'
Just beyond the fog;
An' yer bound to get there easy as
a rollin' off a log.—Exchange.

Peel two large lemons so that the
rind will be very thin; extract the
juice, and, mixing the two, let them
stand for fully twelve hours. At the
expiration of this time, strain through
a hair sieve, and mix with a sirup
composed of a quart of water, two
pounds of sugar, and a half-pint bottle
of raspberry or orange sirup. Mix
thoroughly, then add two quarts and
a half of fresh boiling milk, clear by
straining through flannel, and serve
very cold.—The New Idea Woman's
Magazine for August

Boil the Flies.

Cedar City, July 29.

Is it not a peculiarity of the human
race to follow some phantom idea,
whether or not there is any real ben-
efit derived? As Abraham Lincoln
often said "That reminds me."

Just at present there are a number
of our citizens whom, with all due re-
spect, we might term faddists, some
on one thing, some on another. One
that strikes me most forcibly just at
present is the boiled water cranks.
(Reserve your brick bats please, for I
admit I may be somewhat of a crank
on perhaps more than one thing my-
self.) Let us reason out the point
at issue before passing final judg-
ment that debars all appeals. You
say the doctors say to boil all drink-
ing water. Very well, let's see if the
doctor's theory is well founded.

His argument was to boil drinking
water as a preventative of the dread
Typhoid fever so prevalent here. Ty-
phoid fever, as we are all willing to
believe, is a germ very minute. In-
deed so small that in looking at one
through a twelve hundred diameter
microscope one could just tell the
shape and movement of it. Recently
in one of the finest equipped labora-
tories of the east the scientists there
took six million microbes from the
body of one common, innocent look-
ing house fly. Quite a heavy load he
carried, wasn't it?

Do you know where house flies
come from? I'll tell you. The next
shower we have just go out in the
barn yard, and if there is a pile of
stable manure, just scrutinize it
closely and you will observe hun-
dreds, nay thousands of tiny white,
or rather, yellowish worms crawling,
wriggling and tumbling on the sides.
Go out again in a few hours, espe-
cially if the sun is shining hot on it,
and you will observe flies even
more numerous than the worms were.

That is the house fly. The next wonder
is where all these flies come from
in the kitchen, for they seem to be
thicker than ever. You say the rain,
then warm sun seemed to bring them.
For once your random guess was
right. Suppose you have five hundred
flies and put the estimate at half
what the scientists put it, viz: three
million germs to the fly. Great
smoke, what a lot, five hundred mil-
lion germs! And Mr. fly is not par-
ticular at all where he lights; on
your face, hands, in the food. In the
milk—Oh but you say, we boil all
our milk—Oh, and do you drink it
boiling hot, and is the cup boiling
hot from which you drink the milk.
Flies also light on the babies face a
great many times in a day and you
kiss and fondle him scores of times a
day and you don't boil him either.

Boiled milk! And what do you
get out of it pray—about as much
nourishment as there would be to boil
wheat straw and drink the tea. Not
as much, in fact, because that has
some nourishment and boiled milk is
as near nothing so far as nutriment is
concerned as any food we have. You
doubt that statement? Ask any sci-
entific expert what you get and he
will tell you that you get some boiled
water, a little lime, a small percent-
age of ash, for the portlands have been
destroyed, and you have killed and
destroyed the very elements that made
it a life sustaining food. Do you
boil the bread, the fruit and the table
ware previous to all meals? And
yet, why not? A fly, nay, perhaps
scores of them, have lit on the bread,
etc., and yet nothing thought of that.
If these facts were not self evident
why do the boiled water faddists get
typhoid, which they have done re-
peatedly in about the same proportion
as the one who does not take that
precaution. Why then is there more
of this dread fever now than former-
ly? First, the population is greater;
second, there is not enough sanitary
precautions taken in proportion to that
increased population. Why, bless
your soul, would it come within the
scope of your back yard when I say
there are manure piles and corrals
in this city that need disinfecting
and cleaning as bad as any small city
district ever did?

Let's go back to the germ question.
Did or did not the doctors realize the
scope of the argument—boil the
water? I believe they were thorough-
ly conscientious in their statements,
and said it for what they believed to
be the best.

But if we believe the learned man
who was the discoverer of germ life
in one place we must of a surity be-
lieve also the other phase of his dis-
coveries and be prepared to accept
not only theories but actual demon-
strated facts. Every second of our
lives we carry within our bodies the
greatest war that can be fought in
point of numbers—the war of the

cells of life and deadly a tearing down
and rebuilding—as every movement
even to the winking of an eye lid
destroys thousands of these cells and
they must be rebuilt and repaired,
simply fulfilling one of nature's most
potent laws—the great law of the
survival of the fittest. The tiny
soldiers of our systems are contin-
ually utilizing these small cells, germs,
or whatever name we may place them
under, changing them to and for the
betterment and rebuilding of the body
and the germs of disease can only
make themselves felt when conditions
are such that favor their rapid pro-
pagation.

Looking at it in another light, or
from another standpoint, were it not
for this great natural law things gen-
erally would very soon assume a very
grave aspect, indeed. For instance,
a female herring is capable of pro-
ducing one million two hundred
thousand eggs. What would the con-
dition soon be were it not for the
fact that there are thousands of ene-
mies of the herring tribe.

Well come back and we will close
our argument with a few words in
passing it up to you. My dear lady
friends, don't spend so much time
boiling water for drinking and bath-
ing, and so on, but if you must spend
the time that way, just catch those
house flies and boil them and you
will kill ten thousand times more
germs. Or better still, just make it
hot enough in the back yard till your
husband or the boys move those ma-
nure piles and rubbish heaps out on
the land where they belong and where
they will do some good, for there is
where it rightly belongs, and there
is millions in it. (I mean kernels of
grain as well as deadly germs.)

Yours Truly,
Con S. Istency.

Gunlock Letter.

Gunlock, Utah July 26.

The weather is delightful though
many people from the lower country
have passed through here seeking
cooler atmosphere.

Miss Mamie Fullsipher took the cake
on the 24th as Utah. In her recita-
tion and reading the piece following
composed by her grandpa, J. S. P.
Bowler, Mamie called down the
house.

The last week has been one of
pleasure and amusement for the good
people of our little burg and also for
a goodly number of friends who came
to enjoy the festivities of Utah's an-
niversary. Program commenced with
a dance on the 23rd and the 24th
commenced with a representation of
the pioneers and hand cart company
with citizens following in procession.
Public meeting, sports, a dance for
children during the day and a big
rally on the dance floor completed
one of the most enjoyable holidays
spent here for many years.

PAST, PRESENT AND FUTURE.

The scenes of the past were weekly
endured
By saints in the days of Nauvoo,
When Satan rejoiced in the prize he
secured
While murdering brave men and
true.

Yes, reason was kicked in the land
of the free.

The laws of her courts were defied,
Mobs fierce with rage sent forth their
deed

That justice and right was denied.

The scenes of the present, fair to be-
hold

As saints proudly view them today
By prophets and seers all this was
foretold,

When peace and good will should
bear away.

We bask in the light of a fair western
sky

Our homes graced with beauties un-
told,

Where honor and freedom without
alloy

Their glories and treasures unfold.

The scenes of the future fairer by far

Than all the vain glitter and show,
Of princes and rulers whose fast fad-
ing star

Hath naught but their fame to be-
stow.

The past be-forgotten the present we
prize,

The future bath treasures in store,
Then children of Zion in purity rise,
And dwell with the just evermore.

A man called at our office Wednesday
and asked for something to drink. We
mixed a little ink with some gas-oline
for him, but he said it was too strong.
Call again brother.—Cieburne (Ala.)
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